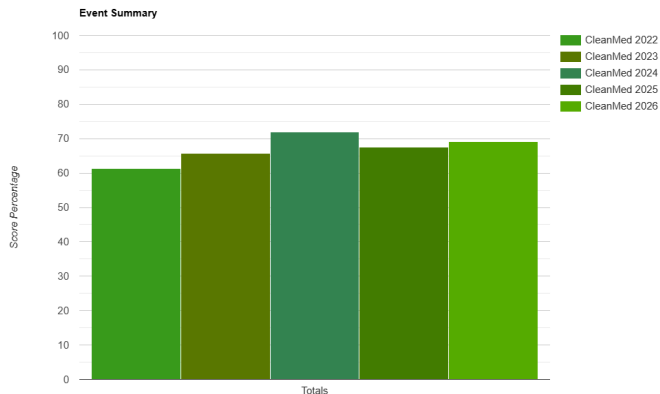


# CleanMed 2026 Sustainability Report

CleanMed is presented by Practice Greenhealth and Health Care Without Harm. The 2026 conference was held May 12-14 in St. Louis, Missouri with 774 in-person attendees, 50 virtual attendees, and 43 sponsors and exhibitors.

## Event Sustainability Highlights

CleanMed has consistently achieved a high **MeetGreen® Calculator 2.0** scores through sustainable event practices, local sourcing, and food-waste reduction efforts.



For 2026, CleanMed achieved a **MeetGreen® Calculator 2.0 score of Leader**. A sustainable event Leader measures, tracks, and reports on performance targets using key data, shares best practices freely with others to continuously raise the bar, and addresses global issues with event-specific solutions.

### Event Features

**Plenary:** 3 sessions livestreamed and recorded

**Breakout Sessions:** 48 in total

**Wellness:** 2 activities, wellness space, mindful minutes at the beginning of sessions

**Other:** 2 breakfasts, 2 lunches, 4 exhibitor breaks, and 1 gala dinner and 2 receptions

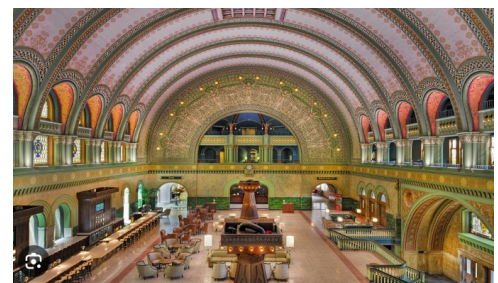
### Did You Know?

CleanMed 2026 saved an estimated 152,478 liters of water by using a digital event app instead of printed materials.

CleanMed 2026 saved an estimated 202,014 liters of water through the use of reusable service ware.

## 2026 Sustainability Highlights

- Plant-Forward Meals by Default:** Again, CleanMed defaulted to plant-forward meals, with animal protein available by request. 75% of attendees opted for a plant forward menu option, saving an estimated 6,191 kg CO<sub>2</sub>e.
- Sustainable Actions:** By eliminating single-use water bottles, diverting food waste, and using digital keys, CleanMed avoided emissions equivalent to charging  $\approx$  46,000 smartphones. (source: St. Louis Union Station Hotel)



St. Louis Union Station Hotel

Reception



## Recommendations for 2027

- Food Waste:** Continue refining meal-count estimates and working with venue partners to identify opportunities for food donation.
- Digital Signage:** Continue expanding use of digital signage to reduce printed materials.